



NNZ Coaching Framework Level: **CCA1**

# Coach Development

## Pre-requisite: Player Centred Coaching

Learn, reflect, connect with other coaches and be ready for the season ahead

**Sunday, 9<sup>th</sup> May**

### Player Centred Coaching

9.00am – 11.30am

Coaches will reflect on their coaching practice, learn what it means to coach in a player centred environment and develop purposeful netball specific games. Player Centred Coaching is a pre-requisite for all other NNZ CCA1 modules.

**Sunday, 9<sup>th</sup> May**

### Building Effective Relationships

12.00pm – 2.30pm

Coaches will learn tools and systems to understand and manage people in a team environment, including communication, people management and conflict management.

**Sunday, 9<sup>th</sup> May**

### Defence 1

3.00pm – 5.30pm

Coaches will discuss stages of learning, the phases of defence, and extend knowledge on how to link one on one defence with intercepting and decision making

**Sunday, 16<sup>th</sup> May**

### Shooting

9.00am – 11.30pm

Coaches will gain an understanding of the coaching points and sequential steps involved in shooting

**Sunday, 16<sup>th</sup> May**

### Team Culture

12.00pm – 2.30pm

Coaches will develop skills to create a team vision and establish/re-establish team values, as well as access great team building activities

**Sunday, 16<sup>th</sup> May**

### Attacking Fundamentals

3.00pm – 5.30pm

Coaches will review fundamental skills and integrate these into attacking skills, deepen understanding of a player centred approach and implement effective coaching points.

**Sunday, 23<sup>rd</sup> May**

### Selecting

9.00am – 11.30am

Coaches will examine the concept of coaches as selectors and cover selection process, policies, procedure, criteria and communication.

**Sunday, 23<sup>rd</sup> May**

### Planning

12.00pm – 2.30pm

Coaches will learn tools and systems for effective planning for teams, including week and season plans.

**Sunday, 23<sup>rd</sup> May**

### Skills Analysis

3.00pm – 5.30pm

Coaches will build knowledge and understanding for how to analyse skill execution and learn new strategies to encourage players to solve problems.

Netball Waikato Bay of Plenty would like to thank our partners and supporters





Venue: Harbourside Netball Centre, Blake Park, Mount Maunganui

Cost: \$15 per Module

Bring: Pen, water bottle, snacks, comfortable footwear & warm clothes

Please confirm attendance by email to: [ops@harboursidenetball.co.nz](mailto:ops@harboursidenetball.co.nz)

Contact: Tania Walters (07) 575 9917

Registration is essential so enough resources can be provided.  
Payment to be made online prior to workshops **Harbourside Netball Centre INC**  
Westpac 03 0435 0556307 00 Reference: PCC ..... (Full Name)

Keep updated on modules coming up in your area and across the Zone.  
NWBOPC Coach Development: [www.facebook.com/NWBOPCoachDevelopment](http://www.facebook.com/NWBOPCoachDevelopment)



Netball Waikato Bay of Plenty would like to thank our partners and supporters

