## 2023 TNC Award Winners

Congratulations to our following award winners for 2023. Your hard work, determination, presence and support during the season is greatly appreciated.



L-R: Most Promising Umpire Winner – Keni Kingi, Most Promising Umpire Winner – Gemma Groenewald, Supreme Umpire Winner – Connor Pascoe, Emerging Umpire Winner – Siobhan McFadyen (absent from photo)



Winner of the 2023 TNC Service and Diligence Award is Rose Powdrell (left) being presented her award by Centre Manager Tracy Walters

## Futureferns 2023



### ANZ / Woolworths Futureferns Lead – Paula Vickers

ANZ Futureferns Year 1 – 5 teams completed their 10 week program, with a free tournament to finish the season.

Year 6, 7 & 8 Teams completed the competition as designed, with semi and finals held on the same day to finish on the 26<sup>th</sup> Aug.

Following a half season trial to 7 aside in 2022, Year 6 teams played 7 aside netball for the full 2023 season, with great success and skills shown.

 Year 1 & 2 futureFERNS Netball

 2020 - 28 teams, 2021 - 36 teams, 2022 - 34 teams, 2023 - 42 teams

 Year 3 & 4 futureFERNS Netball

 2020 - 50 teams, 2021 - 50 teams, 2022 - 63 teams, 2023 - 74 teams

 Year 5 futureFERNS Netball

 2020 - 66 teams, 2021 - 71 teams, 2022 - 72 teams, 2023 - 34 teams

 Year 6 futureFERNS Netball,

It is fantastic to see continued growth with a large uptake through all teams in 2023 season.

#### Year 7-8 futureFERNS Netball

2020 - 71 teams, 2021 - 71 teams, 2022 - 73 teams, 2023 - 74 teams

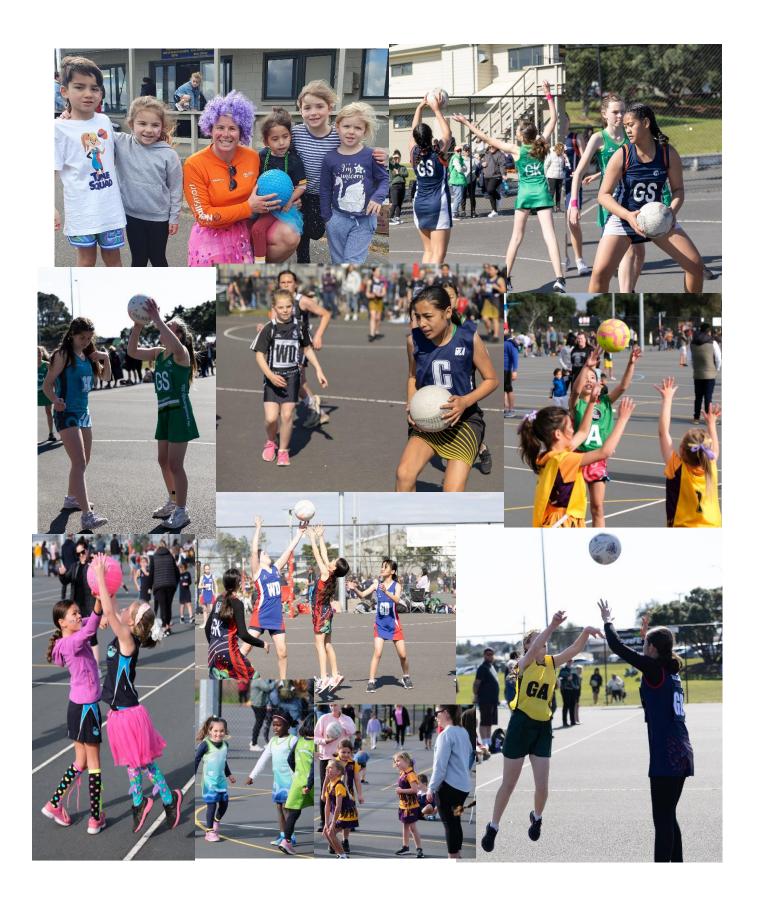
From these teams, there were 88 coaches attend Foundation Coaching workshops. The focus of the Foundation Coaching workshops is the format of Saturdays, holistic coaching, an understanding of NetballSmart & troubleshooting coaching issues.

182 teams from Years 1 - 8 played over 4 tournaments supporting fun and skill growth throughout the season.

The final day of Year 1 – 5 netball combined with an activation day with the new futureFerns sponsor Woolworths, with lots of giveaways from the Woolworths activation team. The theme was green with a large turnout of teams, coaches, parents and supporters all dressed up. Local face painter didn't stop all day, while the additional food vendors (mini donuts and Mrs Whippy) added to the fun atmosphere to finish the season.

Player Development Programs (PDP) also grew in participant numbers. 566 total individual registrations over 6 full days and 4 evening sessions. Year 5 – 110 participants Year 6 – 96 participants Year 7 – 99 participants Year 8 – 114 participants Year 9/10 - 147 participants

A huge thank you to all the coaches, players, volunteers, supporters, and school coordinators who volunteer their time to ensure this programme is successful. We look forward to seeing you all courtside in 2024.



## 2023 No Exceptions Netball



#### No Exceptions Lead – Louise Turner

Once again it has been a total pleasure and privilege coaching this amazing team and being involved with the No Exceptions Programme which I have been part of for the past 7 years. Thank you also to our helpers & volunteers who turn up every week without fail.

This year our No Exceptions programme had 15 registered players, most of these players have participated for many years and some of them have been in the programme since it was introduced by Helen Doge in 2007. One of our newest members this year is 5 years old, it was a total delight to have her join us and hopefully she will be back for many more years of netball.

This year 2023 saw us play our first full season since Covid restrictions. We played the full 11 week season with no cancellation days. We did have one day of rain but I decided not to cancel. We had 4 players turn up, we got out on the court, played our game, had lots of fun and got very, very wet.

At the end of every season we have a prize giving and party with all players and their families, a big thank you to the Tauranga netball Centre for putting this on for us.

No Exceptions Netball promotes the inclusiveness and involvement of all into the game of netball where we can provide a safe and enjoyable space for these participants and we can't wait to see what 2024 brings, seeya then!







### *Helen Dodge Memorial Tournament 18th June 2023*

The Annual Helen Dodge Memorial Tournament held on the 18th June 2023, proved to be our most successful yet, with 47 of our fellow Bay of Plenty/Waikato Centres joining us for the day.

This tournament is an important event on the TNC calender as it honours the memory of Helen Dodge. It is an event that pays tribute to the incredible time and effort that Helen put into our sport and centre.

47 teams across the U14, U16 and U18 age groups competed. Netball Centres represented at the tournament were Rotorua, Te Awamutu, Whakatane, Hamilton, Gisborne, Taupo, Eastern Waikato, Otorohanga, Matamata, Cambridge, Thames Valley, Taumaranui and of course, Tauranga. The support from these netball centres is testament to the high regard Helen was held in.

For the first time we had an U17 Men's division with which we had 4 teams enter representing Waitakere, Howick Pakuranga and Tauranga. It was great to see our young male athletes get the chance to showcase their skills and athleticism and we were not disappointed – it was a great success and a good lead up to the first ever U17 Men's Nationals which were held in July in Hamilton.

#### **Results:**

<b>Under 14</b> Winner – Hamilton City U14A	Runner Up – Tauranga U14A
<b>Under 16</b> Winner – Eastern Bay of Plenty U16A	Runner Up – Gisborne U16A
<b>Under 18</b> Winner – Hamilton U18A	Runner Up – Eastern Waikato U18A

Thank you to all teams that participated and congratulations to all of our winners, a special big thank you to all of our volunteers who helped on the day and a great big THANKS to all of our awesome spectators who came down and enjoyed some great netball.

We look forward to hosting everyone again next year!



## 2023 Year 6 Competition Winners & Runner Ups

**Year 6 Div 1 Winner:** Greenpark Magic

Year 6 Div 2 Winner: Te Akau Ki Papamoa Asteroids

Year 6 Div 3 Winner: Otumoetai Primary Diamonds

Year 6 Div 4 Winner: Bethlehem Stars

Year 6 Div 5 Winner: Maungatapu Magic

Year 6 Div 6 Winner: Greenpark Mystics

**Year 6 Div 7 Winner:** Arataki Lightning

Year 6 Div 8 Winner: Tauriko Tornadoes **Runner Up:** Arataki Steel

**Runner Up:** Mount Heat

**Runner Up:** Merivale Magic

**Runner Up:** Suzanne Aubert Magic

**Runner Up:** Omokoroa Point School Gems

Runner Up: Selwyn Ridge Diamonds

**Runner Up:** Mount Storm

**Runner Up:** Katikati Primary Magic























## 2023 Year 7 Competition Winners & Runner Ups

Year 7 Div 1 Winner: Otumoetai Int 7A

**Year 7 Div 2 Winner:** Aquinas 7A

Year 7 Div 3 Winner: Papamoa College Steel

Year 7 Div 4 Winner: Pyes Pa Lightning

**Year 7 Div 5 Winner:** Bethlehem College 7C

Year 7 Div 6 Winner: Taumata Tsunamis **Runner Up:** Mount Int 7A

**Runner Up:** Otumoetai Int 7B

**Runner Up:** Mount Int Pink

**Runner Up:** Otumoetai Int Pink

**Runner Up:** Mount Int White

**Runner Up:** Papamoa College Mystics





















## 2023 Year 8 Competition Winners & Runner Ups

**Year 8 Pool Div 1 Winner:** Tauranga Int 8A

**Year 8 Div 2 Winner:** Bethlehem College 8A

Year 8 Div 3 Winner: Mount Int 8B

Year 8 Div 4 Winner: Tauriko T-Birds

Year 8 Div 5 Winner: Katikati Sapphires

Year 8 Div 6 Winner: Te Whare Kura o Mauao Awanui

**Year 8 Div 7 Winner:** Bethlehem College 8C **Runner Up:** Mount Int 8A

**Runner Up:** Otumoetai Int 8A

**Runner Up:** Taumata Titans

**Runner Up:** Mount Int Green

**Runner Up:** Tauranga Int Shooters

Runner Up: Papamoa College Legends

**Runner Up:** Omokoroa Point Shooting Stars































## 2023 Collegiate Competition Winners & Runner Ups

Collegiate Premier 1A Winner: Trident Prem 1

**Collegiate Pemier 1B Winner:** Trident Prem 2

**Collegiate Premier 2 Winner:** Papamoa College Jnr A

**Collegiate Premier 3 Winner:** Te Puke HS Jnr A

**Collegiate Premier 4 Winner:** Te Wharekura o Mauao Tirikawa

**Collegiate Premier 5 Winner:** Te Wharekura o Mauao Rehutai

**Collegiate Premier 6 Winner:** Otumoetai College Prem 2

**Collegiate Reserve 1 Winner:** Tauranga Girls Senior Bon Bons

Collegiate Reserve 2 Winner: ACG Senior 1

**Collegiate Y10 Div 1 Winner:** Matamata Jnr A

**Collegiate Y10 Div 2 Winner:** Otumoetai College 10A

Collegiate Y10 Div 3 Winner: ACG Jnr 1

**Collegiate Y10 Div 4 Winner:** Bethlehem College Jnr Development Runner Up: Tauranga Girls Prem 1

**Runner Up:** Whakatane College Prem 1

**Runner Up:** Katikati College Prem 1

**Runner Up:** Tauranga Girls Senior A

**Runner Up:** Tauranga Girls Jnr Development

**Runner Up:** Papamoa College Prem Karaka

Runner Up: Tauranga Girls Senior Pihipihi

Runner Up: Aquinas Super Troupers

Runner Up: Tauranga Girls Pasifika Senior Social

**Runner Up:** Te Wharekura o Mauao Uenuku

Runner Up: Tauranga Girls 10 Social

Runner Up: Tauranga Girls 10 Kereru

**Runner Up:** Te Puke HS Jnr Blue **Collegiate Y10 Div 5 Winner:** Mount College 10 Black

**Collegiate Y9 Div 1 Winner:** Mount College 9A

**Collegiate Y9 Div 2 Winner:** Tauranga Girls 9 Takahe

**Collegiate Y9 Div 3 Winner:** Mount College 9 Red

**Collegiate Y9 Div 4 Winner:** Tauranga Girls 9 Weka **Runner Up:** Te Puke HS Jnr Gold

**Runner Up:** Mount College 9 Grey

**Runner Up:** Otumoetai 9B

**Runner Up:** Mount College 9 White

**Runner Up:** Bethlehem College Jnr Yellow



























































#### Senior Premier Division 1

Winner:Tauranga Moana MensRunner Up:Mt Sports Prem 1

### Senior Premier Division 2

Winner: Runner Up: Pikiao Warriors Rangiwaea Premier

#### Senior Premier Division 3

Winner:RangatauaRunner Up:Tauranga Sports 3

#### Senior Division 1

Winner:Whareroa Kuku ki TaiateaRunner Up:Untamed Fire

#### Senior Division 2

**Senior Division 4** 

**Runner Up:** ED Classics

Winner:

Winner:RomaiRunner Up:Te Puke Sports Gold

Mayz Sportz

#### Senior Division 3

Winner:Te Puna BlueRunner Up:Ngati Hangarau Omanawa

**ED** Flames

Runner Up: Arataki Manukura

#### Senior Division 5

Winner:

#### Senior Division 6

Winner:	Rangiwaea Whanau
Runner Up:	GM O'Connor Warren

#### Senior Division 7

Winner:Te Puna BlackRunner Up:Untamed Ice

#### Masters Premier

Winner:RangiuruRunner Up:Matakana





Tauranga Moana Mens Winners Senior Premier Division 1

Mt Sports 1 Runners Up Senior Premier Division 1



Pikiao Warriors Winners Senior Premier Division 2



INFORCE Rangiwaea Premier Runners Up Senior Premier Division 2



Rangataua Winners Senior Premier Division 3



Tauranga Sports 3 Runners Up Senior Premier Division 3







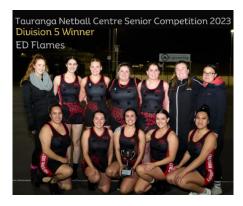




















Rangiuru Winners Masters Premier







Matakana Runners Up Masters Premier



## Tournaments in 2023

Tauranga Netball Centre were host to a number of tournaments and events throughout the year ranging from tournaments for our youngest Year 1-5 players, our Year 6, Intermediate and College players and let us not forget the all important week in September for Intermediate players – AIMS games. To top if off we held a Magic in the Making session in September which saw some of the area's top coaches have the chance to observe nominated players in their element – on the netball court. Keep an eye out for our competition calendar for all tournaments and events coming up in 2024!

### 28th May - Year 6/Intermediate/College Tournament

**Year 6 Pool A Winner:** Arataki Steel

Year 6 Pool B Winner: MPS Lightning

**Year 6 Pool C Winner:** Tahatai Diamonds

Year 7/8 Pool A Winner: BC 8A

**Year 7/8 Pool B Winner:** OIS 7A

**Year 7/8 Pool C Winner:** Papamoa Tactix

Year 9/10 Pool A Winner: OTC Junior 1

**Year 9/10 Pool B Winner:** TGC Tiwaiwaka

**Senior College Winner:** Papamoa Junior A **Runner Up:** Tahatai Opals

**Runner Up:** TPS Piwakawaka

**Runner Up:** Bellevue Primary

Runner Up: TIS 8A

**Runner Up:** MMI 7A

Runner Up: AC 8B

**Runner Up:** MMC Jnr Development

Runner Up: OTC 9A

Runner Up: OTC Premier 1

#### 30th July - Year 3&4/Year 5/Year 6/Year 7&8/Year 9&10/Senior College Tournament

Year 3/4 Pool A Winner: The Saphires

Year 3/4 Pool B Winner: St Mary's Force

**Year 5 Winner:** Kirikiriroa Netchix

**Year 6 Pool A Winner:** Hautapu Karaka

Year 6 Pool B Winner: Mount Heat

**Year 6 Pool C Winner:** Tahatai Diamonds

Year 7/8 Winner: Whakatane Intermediate

**Year 9/10 Winner:** Papamoa College Jnr B

Senior College Winner: Papamoa College Jnr A **Runner Up:** St Mary's Diamonds

**Runner Up:** Tahatai Garnets

**Runner Up:** Mount Force

**Runner Up:** Arataki Steel

**Runner Up:** OPS Diamonds

Runner Up: SACS Magic

**Runner Up:** Kirikiriroa Netchix Yr8

**Runner Up:** BC Jnr Blue

Runner Up: BC Prem 1

#### 27th August - Year 1&2/Year 3&4/Year 5/Year 6/Year 7&8/AIMS Tournament

Year 1/2 Winner: Tauriko Typhoons

Year 3/4 Pool A Winner: Sapphires

Year 3/4 Pool B Winner: Tahatai Garnets

**Year 5 Pool A Winner:** Mount Force

**Year 5 Pool B Winner:** Waldorf Sparks

Year 6 Pool A Winner: Hautapu Whero **Runner Up:** Omanu Hotshots

**Runner Up:** St Mary's Diamonds

**Runner Up:** Welcome Bay Falcons

**Runner Up:** St Mary's Pulse

**Runner Up:** Papamoa Hoop Ferns

Runner Up: Papamoa Hoop Sisters **Year 6 Pool B Winner:** Tahatai Diamonds

**Year 7 Pool A Winner:** OIS 7A

**Year 7 Pool B Winner:** BC 7A

**Year 8 Winner:** MMI 7A

AIMS teams Pool A Winner: TIS AIMS Superstars

AIMS teams Pool B Winner: BC 8A **Runner Up:** SACS Magic

**Runner Up:** Hautapu 7A

**Runner Up:** MMI 7B

Runner Up: OIS 8B

Runner Up: TPI

**Runner Up:** TIS Blues













### **Representative Programme Lead – Deb Fuller**

#### VISION:

To strengthen netball in Tauranga through having representative netballers who finish in top 8 placings in National Competitions.

To come together as a netball community where committed people are constant in learning about the game and growing through coaching, umpiring and playing at a representative level.

#### HOW WE MEET OUR VISION:

The TECT Representative programme is Tauranga Netball Centre's (TNC) commitment to developing players, umpires and coaches ready to compete at National Tournaments for our netball centre. The programme will involve up to 110 players, umpires and coaches working through how we train, compete and learn to be better playing against other regional teams at the National Tournament. A big part of the programme is providing a quality experience with Representative netball through guiding coach capability, umpires and supporting players to equip them with the tools needed to reach higher goals or to realise their potential with their current situation.

TNC want to ensure that all involved are supported to cope with the demand of National Tournaments. Debbie Fuller will lead Coach Education for the team of 10 coaching staff to support implementation of the programme. Over time six key pillars have been identified as crucial skills that netballers need to develop as they progress in their development. The programme will focus on growing individuals and teams with the following themes at the forefront of planning.

At the end of the season the coaches met with Debbie and identified the following recommendations.

#### **KEY RECOMMENDATIONS FOR 2024:**

#### <u>S&C</u>

- Structure trainings from the start with netball specific S&C planned with skills sessions e.g. 8 minutes S&C then 7 minutes coaching time. We need to increase players ability to cope with high intensity
- S&C to have programme throughout off-season while the numbers weren't enough can we still do it ourselves?

• Keep to the guidelines for Secondary schools, our players need to run more, we are smaller compared to other regions so fitness and speed can be a strength to outwork opposition.

#### <u>Trials</u>

- Include a nomination process, where schools nominate their strongest players
- Trial Opens later and assess if ANZ players are required at trials
- Boys trial with the girls
- Teams named as "B" team we select is a squad of 15+players, as the pattern is that these teams have lots of player movement and injuries and the final team to go to Nationals is named 3 weeks prior so the coach can consolidate combinations.
- Restart Year 7&8 Reps for the year level not age group so this playing group understand what is required for U14's, it may be as simple as a one off tournament with teams from the Zone.

#### **Programmes**

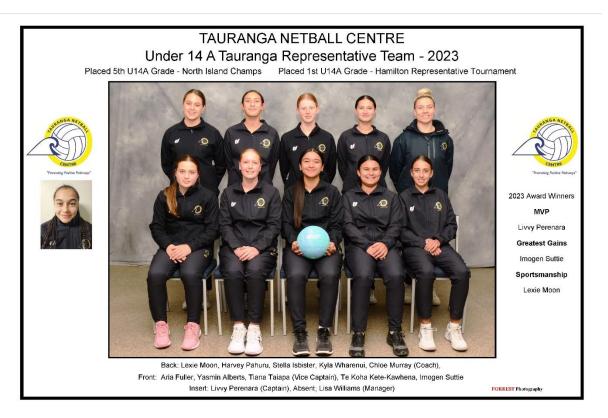
- The camps with specialist coaches and support staff like Zane and Tracey were very worthwhile, we need to keep this. It also lifts the game of coaches to learn from other coaches.
- The reporting each week after a tournament is good coach reflection time
- The support for coaching and for each other is good it feels like a strong club culture
  Boys programme to include more games midweek if they aren't included at
- Boys programme to include more games midweek in mey drein microded at tournaments
- It was good not having so many tournaments in Auckland

#### <u>Other</u>

- Can Opens and U18 have video footage of games so the girls can cut clips and work on their actions from the games. We could source a videographer to attend our games at tournament or ask NNZ to livestream.
- We need a physio at every Rep training to offer services and assessments prior to trainings and who is responsible for communicating the coaches the players "return to play" plan. Some girls were injured but still played for school.
- Coach Professional Development offered was Sport BOP Performance Coach courses, Kim Hunt from Waibop Zone did assessments on 2 coaches and keeps coaches notified of courses. Helena is a carded coach and can access Core Knowledge courses. We need more coaches moving into the Zone, NNZ or Sport BOP pathway.
- U18 and U14B Teams review TBC coaches were unavailable.
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#### Thank you Tauranga Netball Centre staff and board for supporting the growth of coaches through the Representative programme, your hardwork, faith in the people involved and willingness to go above and beyond to create and grow the coaching capability of our people is hugely appreciated.

## Under 14A Representative Team 2023



What a highlight 2023 season has been for me! I'm stoked to share some of the highlights and memories we made together!

What an amazing season we had together, lots of memories, laughs and connections created. We even had some special guests like Ameliaranne Ekenasio come down to work with the team on their attacking game, Oceane Maihi who done defensive work - super lucky to have had these ladies come and spend time with us to help us for our season.

We had a series of out-of-town tournaments that we attended which were such a huge help in our preparation for the national tournament. Allowed us to build connections on/off the court. We were able to play against some of the top regions such as Manawatu, Auckland etc. and be able to test where we were as a team and what our strengths/weaknesses were. We nailed it at the Hamilton U14 Grade tournament, clinching a trophy by going undefeated in the U14 grade! Super proud of the team and was a great way to send us off to the national tournament.

This was my 2nd time down at Taranaki for the nationals and although weather wasn't our friend, we had the best time. From the first day to the last the girls were ready mentally and physically. The leadership within the group and the self-accountability from each of the girls really showed down at the tournament. Ensuring they stayed consistent with warmups, drills, gear pick up etc. they made my job so easy as a coach and I really appreciated all the girls for that.

Each game we had a plan and really had to look at our opponent and adjust our style to ensure we stayed in every game. We played some much bigger centre's (Auckland, Kapi Mana etc.) who simply out muscled us, but the girls defiantly did me proud were so fearless and didn't make any game easy for anyone. We had some tough but brilliant games and I really was so proud of each of my girls. We finished 5th overall which was within our goal of placing top 6! We even walked away with the Netball smart award for our consistency in warms up and ensuring we prepared ourselves well before each game.

It's not just about winning. What made this season truly legendary was the bond we created. Our team culture rocked! The support, laughs, and trust we shared, both on and off the court, made every practice, van ride and game an absolute blast. I'm always big on team culture and really think it provides a better connection on the court and hope these girls make some longtime friendships out of these experiences.

To my girls! As your coach, seeing your growth in your skills and passion for the game grow each week was rewarding. Your dedication and determination fueled the fire, and it was a privilege guiding such an incredible group of players and I'm the lucky one to have had you as my 2023 U14A Rep team.

#### Chloe aka Coco (Head Coach)

#### Pre-season tournament results:

Papakura – Sunday 21st May 2023		
WIN vs Waiuku	40 - 3	
LOSS vs Waitakere A	14 - 50	
WIN vs Papakura A	34 – 20	
Auckland – Sunday 11 <sup>th</sup> June 2023		
WIN vs Pukekohe	30 - 18	
WIN vs North Harbour B	25 - 23	
Helen Dodge, Tauranga – Sunday 18 <sup>th</sup> June 2023		
WIN vs Eastern Bay of Plenty	21 - 10	
LOSS vs Hamilton A	11 - 15	
WIN vs Eastern Waikato	13 - 12	
LOSS vs Cambridge	17 – 15	
WIN vs Rotorua	17 - 4	
Hamilton – Sunday 25 <sup>th</sup> June 2023		
WIN vs Eastern Waikato	18-8	
WIN vs Hamilton B	22 – 7	
WIN vs Howick Pakuranga A	13–9	
WIN vs Rotorua	19–14	
WIN vs North Harbour A	16 – 12	

#### Finished 1<sup>st</sup> in U14 A Grade at this tournament

### U14 North Island Championships – Taranaki 2<sup>nd</sup> – 4<sup>th</sup> July 2023

Final Result: Finished 5 <sup>th</sup> in A Grade	
WIN vs Manawatu Green	31 – 20
WIN vs Pukekohe	32 – 14
WIN vs Taranaki Dev	23 – 17
WIN vs North Harbour A	25 – 24
LOSS vs Howick Pakuranga A	12 - 23
LOSS vs Waitakere A	22 - 35
WIN vs Eastern Waikato	25 - 16

At our end of season prize giving these players were awarded the following medals:

MVP	Livvy Perenara
Sportmanship	Lexie Moon
Greatest Gains	Imogen Suttie



## Under 14B Representative Team 2023



2023 was my first season coaching representative level and what a season. I was a bit nervous at the beginning but had loads of support, so quickly found my feet with it and am forever grateful for the opportunities I received this year.

Our team bonded quite quickly from the first Sunday we had together, and from there we built a strong culture and formed some strong bonds, with a lot of fun and laughter along the way. The girls connections both on and off court grew more and more with each tournament even though we had a mid-season personnel change up. By the time junior champs in Taranaki came around, we were ready. One unfortunate loss that week had us playing for 3rd / 4th in B grade for the final, and although there were a lot of nerves from the girls, a quick game of 'little white pony' put them in great spirits to then go out there and play their game!

Special thanks to my manager Stormie for being the best den mother for our girls while we were away and just being a solid rock for me throughout our short season.

#### Anahera Mohi (Head Coach)

### Pre-season tournament results:

Papakura – Sunday 21st May 2023		
WIN vs Papakura A	29 - 20	
LOSS vs Auckland A	20 - 29	
WIN vs Papakura B	47 – 11	
Auckland – Sunday 11 <sup>th</sup> June 2023		
WIN vs Howick Pakuranga B	34 - 26	
WIN vs Mangere/Otahuhu	33 - 20	
Helen Dodge, Tauranga – Sunday 18 <sup>th</sup> Ju	une 2023	
WIN vs Hamilton B	16 - 13	
WIN vs Matamata	10 - 8	
LOSS vs Thames Valley	8 - 11	
WIN vs Taumaranui	22 – 14	
WIN vs Te Awamutu	16 – 10	
WIN vs Otorohanga	22 - 7	
Hamilton – Sunday 25 <sup>th</sup> June 2023		
LOSS vs Cambridge A	13–14	
WIN vs EBOP	14 – 10	
LOSS vs Hamilton A	8–16	
LOSS vs North Harbour A	9 – 15	
WIN vs Rotorua	18 - 12	
U14 North Island Championships – Taranaki 2 <sup>nd</sup> – 4 <sup>th</sup>		
WIN vs Horowhenua	40 - 4	
WIN vs Dannevirke	35 - 19	
WIN vs Thames Valley B	19 - 14	
WIN vs Waiuku	35 – 4	
LOSS vs Papakura A	19 – 22	
WIN vs Cambridge A	18–17	
	o / _ o o	

July 2023

26 – 23

WIN vs Whangarei

Final Result: Finished 3rd in B Grade

At our end of season prize giving these players were awarded the following medals:

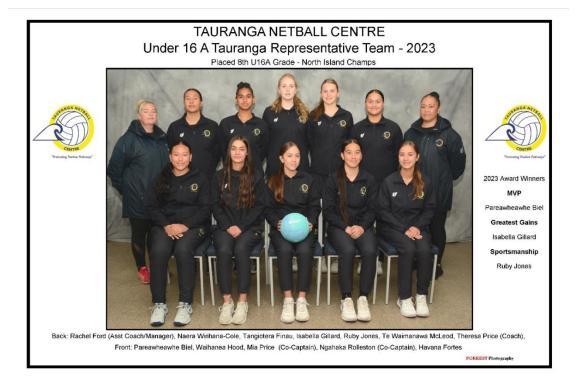
MVP	Siena Ivamy
	Sicharvarry

Sportmanship	Lucy Newsom
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Greatest Gains Sophie Wiessing



# *Under 16A Representative Team 2023*



The objective for the team from the outset was to place in the top eight at the North Island Champs in Taranaki. With the team that was selected for 2023 this was definitely an achievable goal.

It started off a bit rocky with a couple of no shows in the first tournament and illness followed in the weeks leading up to the final tournament. We lost one player to Kapa Haka and brought up a player from the 16B team who slotted in with no dramas. The work on for this team through the campaign was to be able to work together as one. They were all individually great players and it took all the weeks leading up to New Plymouth to get them to trust each other and play as one unit.

From the first tournament to the last I have to say the improvement from each player in this group I saw each week was my biggest joy. We were ready for New Plymouth where they started off with a bang beating Hamilton A. Going on to win the next 4 games gave us our best case scenario. We made it to the top eight. The next 3 games all had challenges and our team of 10 did not go down without a fight and I am so very proud of that. In the end we achieved our objective placing 8th.

Many thanks go to our team manager, Rachel, for answering the mayday call. Thanks for your help with the team, it was very much appreciated. To the TNC team - Tracy, Tania and Paula thank you for all you do behind the scenes and to Deb Fuller for the wrap around coaching support.

It was a privilege to be given this opportunity to coach a very talented group of athletes and wish them all the best in their future netball endeavors.

#### Theresa Price (Head Coach)

#### Pre-season tournament results:

#### <u>Pre-season tournament results:</u>

### Papakura – Sunday 21st May 2023

LOSS vs Waitakere B	21 - 26	
LOSS vs Waitakere A	19 - 41	
WIN vs Papakura B	53 – 18	
Auckland – Sunday 11 <sup>th</sup> June 2023		
LOSS vs North Harbour A	12 - 41	
LOSS vs Howick Pakuranga A	32 - 39	
Helen Dodge, Tauranga – Sunday 18 <sup>th</sup> June 2023		
LOSS vs Eastern Bay of Plenty	11 - 17	
WIN vs Te Awamutu	23 - 3	
WIN vs Hamilton A	14 - 10	
LOSS vs Rotorua	10 – 12	
WIN vs Eastern Waikato	20 – 6	
Hamilton – Sunday 25 <sup>th</sup> June 2023		
LOSS vs Auckland A	13 – 15	
LOSS vs Rotorua	14 – 15	
LOSS vs EBOP	11 – 12	
LOSS vs North Harbour A	5 - 13	

### U16 North Island Championships – Taranaki 2<sup>nd</sup> – 4<sup>th</sup> July 2023

3 - 18
51 - 15
8 - 0
25 – 19
3 – 8
8 – 26
25 – 28
0 - 30

### Final Result: Finished 8<sup>th</sup> in A Grade

At our end of season prize giving these players were awarded the following medals:

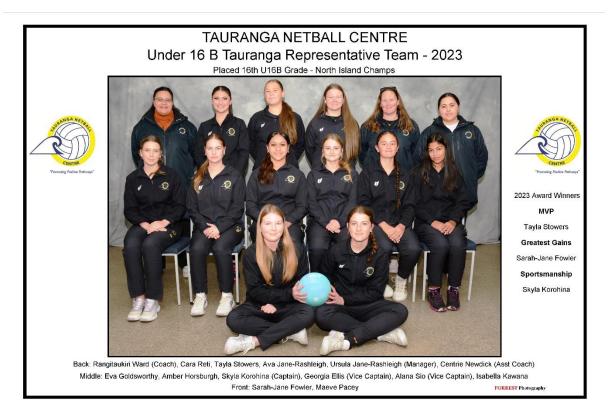
**MVP** Parewheawhe Biel

Sportmanship Ruby Jones

Greatest Gains Isabella Gillard



## Under 16B Representative Team 2023



Every so often, life and your chosen sport will throw you a few curve balls. Well 2023 certainly had a bagful of them for our campaign this year. If ever there was a test of resilience it was 2023. Our season started strong with trials and selections bringing together an exciting and formidable B team. We were confident that our talented group would push the U16A team and other teams at every tournament. However, right from the start, player movement and reshuffles began. A couple were snapped up for the U18 and U16A teams. Then inury and illness started to deplete the ranks one by one each and every week. And right at the business end our leading shooter was injured and her mum our Manager was unable to make it to Taranaki. Just like Te Toka o Tirikawa, we continued to stand strong throughout the campaign, no matter what was thrown at us.

We played four tournaments in the lead up to the Envirowaste U16 & U14 national championship in Taranaki. We won a few quarters here, lost a few there, won the odd game as well. In Taranaki, we remained focussed on the task which instead of being top 8 in our grade, had to adapt to remaining in the grade. While still managing player injury and reduced to 9 players in Taranaki, we couldn't close out the last two games.

The greatest success of our team, was their continued strive to play the best they could, to support their team mates, and to feel the joy in being a member of this team. They never gave up. Ka ngaro ka ngaro, ka ea ka ea. The team of 2023 have been a great group and have developed friendships and memories for life. While we didn't take home a trophy or medal, we competed with pride for our centre, our whanau and ourselves.

I have many thanks for Centrie Collier, out apprentice coach who led the shooting circle strategy and attacking plans. She is fast filling up her kete of knowledge and I sure learned a few tricks from her. Centrie had to learn quickly about management as well and many thanks to her for taking on some of that role in Taranaki. We made a good team.

To Ursula, we are extremely thankful for your work as our team manager. We were always kept well informed and the trips away seemed to go so fast with a good friend at the Wheel.

I'd like to thank The Board, Tracy, Tania, Deb and Paula, our amazing umpires and Ben from Athlete Factory for all the dedication you have given for our representative programme. It has been great to see the amazing talent from Tauranga out on display and taking on this opportunity. But none of this would be available were it not for your team behind the scenes.

We have an amazing team of coaches and managers every year and 2023 was no exception. Thank you all for being a soundboard and sharing your knowledge with us all.

Many thanks to our parents of the athletes who all played either full time and filled in for our U16B team.

And we can't forget the amazing team of athletes themselves. We saw you develop your game and skills. We look forward to seeing you all push forward and make even greater gains in the new year.

As the rock of Tirikawa teaches us, while the waves may crash over and over, while we may have setbacks, we will continue to reappear and strive on.

"Ka ngaro ka ngaro, ka ea ka ea Te Toka o Tirikawa"

#### Rangi Ward (Head Coach)

#### Pre-season tournament results:

#### Papakura – Sunday 21st May 2023

WIN vs Howick Pakuranga B	25 - 24
LOSS vs Waiuku	16 - 21
LOSS vs Papakura A	26 – 40
Auckland – Sunday 11 <sup>th</sup> June 2023	
WIN vs Pukekohe	28 - 23
LOSS vs North Harbour B	12 - 26
Helen Dodge, Tauranga – Sunday 18 <sup>th</sup> Ju	une 2023
<b>Helen Dodge, Tauranga – Sunday 18<sup>th</sup> Je</b> WIN vs Taumaranui	u <b>ne 2023</b> 18 - 11
WIN vs Taumaranui	18 - 11
WIN vs Taumaranui WIN vs Eastern Bay of Plenty B	18 - 11 17 - 11

# Hamilton – Sunday 25<sup>th</sup> June 2023

LOSS vs Wairarapa	18 - 33
LOSS vs Papakura B	16 - 25
U16 North Island Championships – Taranaki 2 <sup>nd</sup> – 4 <sup>th</sup> July 2023	
LOSS vs Cambridge A	11 - 15
LOSS vs Howick Pakuranga A	8 – 22
LOSS vs North Harbour A	6 – 24
LOSS vs Hamilton B	8 – 22
LOSS vs Cambridge A	10 – 14

LOSS vs Waiuku B	21 - 27
LOSS vs Whanganui	10 – 26
LOSS vs Taranaki	13 – 28
LOSS vs Manawatu	20 – 33
LOSS vs Waiuku B	14 – 28
LOSS vs Thames Valley B	21 - 25

### Final Result: Finished 16<sup>th</sup> in B Grade

At our end of season prize giving these players were awarded the following medals:

MVP	Tayla Stowers
Sportmanship	Skyla Korohina
Greatest Gains	Sarah-Jane Fowler



# *Under 17 Mens Representative Team 2023*



The 2023 Rep season was a great season.

It was history making for Men's netball and Tauranga Netball Centre – being the first U17 Men's team to compete in the inaugural U17 Men's Nationals held in Hamilton.

Although we finished 6<sup>th</sup>, I feel it didn't reflect the way the boys played and the growth that we had as a team as well as individually.

Like any season/campaign, we had our ups and downs, but the boys continuously showed up and persevered through adversary.

So proud of the boys and the development they showed throughout the season, and being competitive against teams that have been playing together a lot longer than us.

My hope is that Netball New Zealand continue with this tournament to help grow Men's netball in New Zealand.

#### Ephraim Ormsby (Head Coach)

#### Pre-season tournament results:

Helen Dodge, Tauranga – Sunday 18 <sup>th</sup> June 2023	
WIN vs Waitakere B	25 - 21
LOSS vs Waitakere A	19 - 38
LOSS vs Howick Pakuranga	24 - 39
Hamilton – Sunday 25 <sup>th</sup> June 2023	
WIN vs Hamilton	16 – 13
WIN vs Howick Pakuranga	21 – 14
LOSS vs Waitakere A	7 – 25
LOSS vs Waitakere B	17 – 18
U17 Mens Nationals – Hamilton 10 <sup>th</sup> – 13 <sup>th</sup> July 2023	
LOSS vs Hutt Valley	22 – 41
LOSS vs Invercargill	25 – 29
LOSS vs Hamilton	15 – 28
LOSS vs Howick Pakuranga	27 – 34
LOSS vs Waitakere	21 – 47
WIN vs Dannevirke	34 – 33
WIN vs Howick Pakuranga	34 - 28

Final Result: Finished 6<sup>th</sup> overall

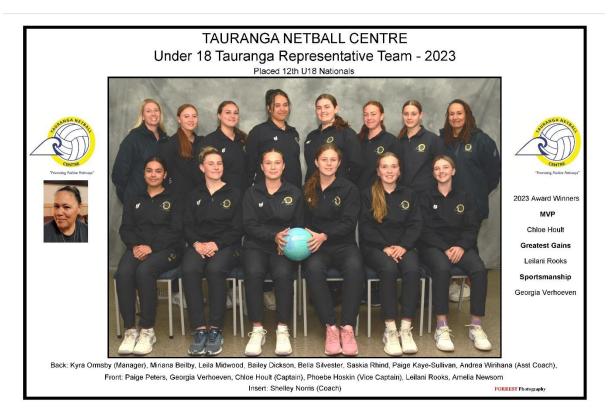
At our end of season prize giving these players were awarded the following medals:

- MVP Marereirateheketua Wilson
- Sportmanship Mason Moorehead
- Greatest Gains Brydon Rhodes

At the Representative prize giving each year, TNC awards a trophy to Representative Player of the Year – this year the winner was:

2023 Representative Player of the Year Marereirateheketua Wilson

# Under 18 Representative Team 2023



Wow what a season we had in 2023! Trials were early which meant that a few players were not conditioned for trials, or even, to start the season. We didn't have many show up which meant that we had to look at what we were going to have to put in place for the campaign, getting other girls to come and play. Training was amazing as it was mostly indoors, where we could really run the girls uninterrupted from the weather. We were able to have a "trial" game against Hamiton girls early on in the season for our coaching staff to see what we had to work with. After that game, we realised what we needed was some tall timber, better fitness and to increase skill levels to be competitive for U18 nationals. We had tournaments in Auckland, Hamilton and at Home in Tauranga – the different formats we played at different tournaments were really good for us especially the Tauranga tournament having 2 x 10 min halves then play another team for 2 x 10 halves was brilliant, it really showed we were a team that could adapt.

We trained on Saturdays (because my work is travelling the country each week this was the only day I could commit too) this meant that we didn't have a full time S&C trainer but when we did this was great for the team. Our fitness coming into U18 Champs was, in my opinion, where we needed to be, the girls were ready to play and really wanted to improve from last year. I was so proud of all of their efforts through the week of being together and we were 16<sup>th</sup> in 2022, and 12<sup>th</sup> in 2023, for me a massive improvement that goes to show that we can do it.

Some of the other things that we did in the season was a beach session, and a scavenger hunt with clues. This was a team building exercise with all the girls in their sub- groups. This showed us how, as individuals they could commit to helping each other and being part of their team for the day, but what they also bring to the wider group and us as Representing Tauranga U18's. It was a great exercise. We also did a Boxing fitness session which the coaches participated in as well – this was great, we were all on the same page, we all worked and supported each other and that is what a team is all about. These extra things wouldn't have been possible without the support of Tracy and her team so that we could be the best and give our all at Nationals.

#### Shelley Norris (Head Coach)

#### Pre-season tournament results:

Papakura – Sunday 21st May 2023	
LOSS vs Waitakere A	15 - 54
LOSS vs Papakura	27 - 31
Auckland – Sunday 11 <sup>th</sup> June 2023	
LOSS vs Howick Pakuranga A	20 - 48
LOSS vs Pukekohe	18 - 19
Helen Dodge, Tauranga – Sunday 18 <sup>th</sup> June 2023	
LOSS vs Hamilton A	4 - 21
WIN vs Rotorua	14 - 11
WIN vs Eastern Bay of Plenty	16 - 13
WIN vs Gisborne	14 – 12
WIN vs Hamilton B	15 - 14
Hamilton – Sunday 25 <sup>th</sup> June 2023	
WIN vs Howick Pakuranga	16–14
LOSS vs North Harbour	9 – 19
WIN vs Rotorua	17 – 11
LOSS vs Auckland	32 – 10
LOSS vs Hamilton	8 - 15

# U18 Nationals – Hamilton 10<sup>th</sup> – 13<sup>th</sup> July 2023

LOSS vs Waitakere A	19 – 38
WIN vs Hamilton B	29 – 23
WIN vs Papakura	33 – 23
LOSS vs Invercargill	24 – 31
WIN vs Hawkes Bay	32 – 30
LOSS vs Auckland B	28 – 33
LOSS vs Kapi Mana	23 - 31

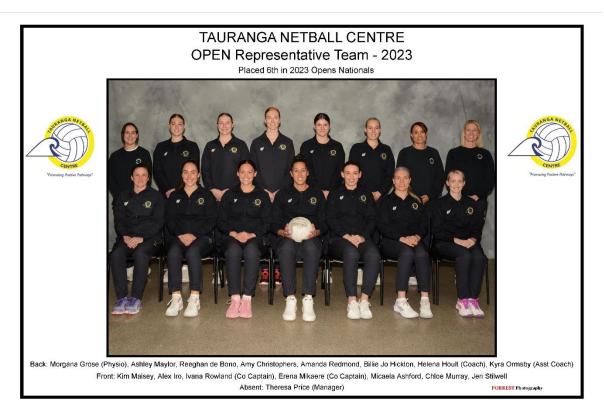
Final Result: Finished 12<sup>th</sup> overall

At our end of season prize giving these players were awarded the following medals:

MVPChloe HoultSportmanshipGeorgia VerhoevenGreatest GainsLeilani Rooks



# **Open Representative Team 2023**



It was another outstanding and memorable Open Champs Campaign hosted in Dunedin. I was fortunate to coach the team for a second year and I am proud of what we achieved even though it was not the result we hoped for placing 6<sup>th</sup> out of 19 teams.

Considering the short amount of time together in the build-up to the Open Champs we instantly connected off court and this grew stronger throughout the week in Dunedin. In the first few days we took a while to find our flow on court, however we kept pushing hard and won all our pool games against; Christchurch Black, Rotorua, Manawatu and Wellington to cross over into the top 8. Unfortunately, we were beaten by Auckland, 35-32 who went on to win the Open Champs. This was our only loss up until this point, however the loss put us into the bottom 4 playing for a placing from 5<sup>th</sup> - 8th. We played Invercargill and won but lost to North Harbour 43-39 placing 6<sup>th</sup> overall.

The netball we played was explosive and dynamic, demonstrating the brand of netball that underpinned our fitness levels, work rate and ability to contend with the top teams in the Open Champ's competition. The games were nail bitters and left everyone on the edge of their seats. We experienced highs and lows but stayed positive throughout the tournament and I was impressed with all team members staying engaged and supportive at all times. Our co-captains Erena Mikaere and Ivana Rowland were respected by all and led the team from the front, playing with grit, determination and heart.

I would like to thank Kyra Ormsby our Assistant Coach and Theresa Price our manager for their impeccable organisational skills, 'can do attitude' and ongoing support throughout the campaign.

Congratulations to my team for placing 6<sup>th</sup> at the Netball New Zealand Open Champs 2023.

#### Helena Hoult (Head Coach)

### Pre-season tournament results:

# Hamilton – Sunday 6<sup>th</sup> August 2023

WIN vs Hamilton	22 – 16
WIN vs Waitakere	22 – 20
LOSS vs North Harbour	21 – 20
LOSS vs Cambridge	19 - 27

### Open Nationals – Dunedin 5<sup>th</sup> – 9<sup>th</sup> September 2023

44 – 29
43 – 29
46 – 28
41 – 36
32 – 35
36 – 34
39 - 43

## Final Result: Finished 6<sup>th</sup> overall







Tauranga Netball Centre would like to acknowledge the fantastic support we received from Pub Charity to, as they did in 2021 and 2022, help us send 7 teams to National and Championship Competitions in 2023. Without their contribution it would have been extremely hard for some athletes to experience these opportunities and we are deeply humbled by the support. Thanks Pub Charity!

