



Health and Safety Guidelines for Participants

Coaches and Managers – use for Game Day

- Please ensure that if any team member is unwell or if any members of their household is unwell they must stay home. They should not be participating in trainings or games.
- Teams will only be allowed in the court enclosure together – you must wait for all team members to arrive (please arrange a meeting place for your whole team practicing the 2 metre social distancing guidelines and away from the immediate TNC building and courts).
- Either the coach or manager is to inform the office your team have arrived for their game. The team manager will be emailed a team list which you are to email back to ops@tauranganetball.co.nz with who will be playing on that date. Please make sure the coach and manager is entered into our FM system before attending so they appear on the team list. If a person is not on the team list they will not be allowed inside the court enclosure. This procedure will replace the filling out the back of scorecards. The coach or manager will collect the scorecard if they are the first team on the draw (see guidelines for scorers below) It will be mandatory for any adult entering the court enclosure or building to scan the covid QR code located at each gate and doorway.
- You will be advised which court you are playing on and which gate you are to use to enter/exit – PLEASE ONLY USE THE GATE YOU ARE ASSIGNED and ensure your team moves quickly through this area and tries to adhere to the 2 metre distancing rule, strictly no loitering around gate areas.
- A gate warden will be at your gate to ensure teams have signed in at the office
- The only people to enter the court enclosure are one coach, one manager and the players – no spectators are allowed in the court enclosure.
- Only players, coaches and managers are allowed into the facility to use the toilets only – ensure the team knows they are to go in and out of these areas quickly and are not to use the showers or changing rooms
- Have disinfectant wipes and disinfectant spray – along with paper towels to clean with and a towel to dry with. A hygiene kit will be available at each court if you forget.
- Ensure balls are cleaned and disinfected before and after use. Please ensure you have a sanitised match ball ready for game day.
- All equipment has been sanitised before each netball activity.
- Ensure bibs have been washed after each netball activity.
- Ensure players have their own sport towel and bottle in their own bags court side. They are not to be lying around on the ground or in the way of the umpires. No bottle holders are to be used
- Have nail clippers for players to use. Highly recommend players do this at home and not share clippers.

- Ensure no players touch the goal posts. If they do please clean and dry.
- Ensure you have a fully equipped first aid kit plus gloves to tend to any injuries safely.
- If one of your team players lands on the floor during play and leaves a sweat area – Dettol wipe or disinfectant spray the area and then dry it. Play is to be held up for this but not added onto the game time. (This applies to indoor games only)
- At the end of the game please wipe the goal post pads down closest to your team bench with disinfectant spray.
- Ensure the match ball is placed into a bag immediately following the game and disinfected along with other equipment used as soon as possible. Place all equipment in a bag so no one touches it until it is cleaned.
- **ALTHOUGH MASKS ARE NOT MANDATORY OUTSIDE UNDER ALERT LEVEL 2, TNC STRONGLY URGE ALL PERSONS WHO ARE NOT PLAYING OR UMPIRING TO WEAR THEM. MASKS MUST BE WORN IF YOU ARE ACCESSING THE FACILITY TO USE THE TOILETS OR BATHROOM.**

Coaches and Managers – use for Trainings

- Please ensure that if any team member is unwell or if any members of their household is unwell they must stay home. They should not be participating in trainings or games.
- All teams must provide a team list to TNC of who will be attending training – this includes coach and manager. All adults who enter the court enclosure must scan the covid QR code located at the entrance of each gate.
- The only people who can enter the court enclosure are one coach, one manager and the players – strictly no spectators or children.
- Please practice social distancing of 2 metres as required but particularly with another team
- When turning on lights please ensure you sanitise your hands before and after
- Have disinfectant wipes and disinfectant spray – along with paper towels to clean with and a towel to dry with.
- Ensure balls are cleaned and disinfected before and after use.
- All equipment has been sanitised before each netball activity.
- Ensure bibs have been washed after each netball activity.
- Ensure players have their own sport towel and bottle in their own bags court side. They are not to be lying around on the ground or in the way of the umpires. No bottle holders are to be used
- Ensure no players touch the goal posts. If they do please clean and dry.
- Ensure you have a fully equipped first aid kit plus gloves to tend to any injuries safely.
- At the end of the training please wipe the goal post pads down.
- Place all equipment in a bag so no one touches it until it is cleaned.
- The gate must be locked when the last team leaves, please wipe with disinfectant wipe
- **ALTHOUGH MASKS ARE NOT MANDATORY UNDER ALERT LEVEL 2, TNC STRONGLY URGE ALL PERSONS WHO ARE NOT PLAYING OR UMPIRING TO WEAR THEM.**