



Health and Safety Guidelines for Participants

Coaches and Managers – use for Game Day

- Please ensure that if any team member is unwell or if any members of their household is unwell they must stay home. They should not be participating in trainings or games.
- Teams will only be allowed in the court enclosure together – you must wait for all team members to arrive (please arrange a meeting place for your whole team practicing the 2 metre social distancing guidelines and away from the immediate TNC building and courts).
- Either the coach or manager is to inform the office your team have arrived for their game. Please make sure the coach and manager is entered into our FM system before attending so they appear on the team list. The coach or manager will collect the scorecard if they are the first team on the draw (see guidelines for scorers below). It will be mandatory for any person entering the court enclosure or building to scan the covid QR code located at each gate and doorway. If anybody doesn't have a phone the coach or team manager must add them to their notes when they scan themselves in.
- You will be advised which court you are playing on and which gate you are to use to enter/exit – PLEASE ONLY USE THE GATE YOU ARE ASSIGNED and ensure your team moves quickly through this area and tries to adhere to the 2 metre distancing rule, strictly no loitering around gate areas.
- The only people to enter the court enclosure are one coach, one manager and the players – no spectators are allowed in the court enclosure.
- Have disinfectant wipes and disinfectant spray – along with paper towels to clean with and a towel to dry with. A hygiene kit will be available at each court if you forget.
- Ensure balls are cleaned and disinfected before and after use. Please ensure you have a sanitised match ball ready for game day.
- All equipment has been sanitised before each netball activity.
- Ensure bibs have been washed after each netball activity.
- Ensure players have their own sport towel and bottle in their own bags court side. They are not to be lying around on the ground or in the way of the umpires. No bottle holders are to be used.
- Have nail clippers for players to use. Highly recommend players do this at home and not share clippers.
- Ensure you have a fully equipped first aid kit plus gloves to tend to any injuries safely.
- Ensure the match ball is placed into a bag immediately following the game and disinfected along with other equipment used as soon as possible. Place all equipment in a bag so no one touches it until it is cleaned.
- **ALTHOUGH MASKS ARE NOT MANDATORY OUTSIDE UNDER ALERT LEVEL 2, TNC STRONGLY URGE ALL PERSONS WHO ARE NOT PLAYING OR UMPIRING TO WEAR THEM. MASKS MUST BE WORN IF YOU ARE ACCESSING THE FACILITY TO USE THE TOILETS OR BATHROOM.**