



Resources

A handy resource reference for Schools, Clubs, Centres and Zones.

NNZ has developed helpful, free resources to help our community coaches, managers, umpires, administrators, parents and players. Have a look at some of our *most popular and frequently used* resources below. You can find more resources on our website.

Resources

Coaching 	The Coaching Diary	<i>The essential coach diary every coach can use. Includes calendars, team goals & values, NetballSmart warm up, training session plans, game day plan, stats sheets, trials info, etc.</i>	Available on Sports Tutor
	Community Coach Starter Resource (youth)	<i>75 pages. An essential guide for coaches starting their coaching including the warmup, 12 session plans, netball rules, terminology, etc.</i>	Available on Sports Tutor
	Year 9 and 10 Starter Resource (youth)	<i>60 pages. An introductory guide filled with games, NetballSmart warmup, and coaching ideas for coaches of year 9 and 10 students.</i>	Available on NetballSmart website and ST
	Online Weekly Support guide	<i>An online weekly support guide for coaches who want more session plans ideas and support with general, positive coaching practices.</i>	Available on Sports Tutor
Managing 	Introduction to Team Managing	<i>The managing handbook (20 pages). Includes: people & relationships, communication, team culture, NetballSmart, nutrition & hydration, rules, health & safety, scoring, statistics, etc.</i>	Available on NNZ website
	Team Managers Season Handbook	<i>The advanced Managers handbook (25 pages). Includes: Team Administration, Team Activities, Game Day, Tournaments, End-of-Season Prizegiving, Score Sheet, Game Statistics, Shooting Statistics, NetballSmart info., etc</i>	Available on NNZ website
	General Game & Shooting Statistics	<i>Helpful, pre-made statistic sheets you can download and start using right away.</i>	Available on NNZ website
Tamariki 	Year 1 and 2 futureFERNs	<i>A coaching resource with 10 training sessions. Now available without having to complete the course.</i>	FutureFERNs website (click Coaching Portal)
	Year 3 and 4 futureFERNs	<i>A coaching resource with 10 training sessions. Now available without having to complete the course.</i>	FutureFERNs website (click Coaching Portal)
	Year 5 and 6 futureFERNs	<i>A coaching resource with 10 training sessions. Now available without having to complete the course.</i>	FutureFERNs website (click Coaching Portal)
	Year 7 and 8 futureFERNs	<i>A coaching resource with 10 training sessions. Now available without having to complete the course.</i>	FutureFERNs website (click Coaching Portal)
	Year 7 and 8 PDP	<i>An extension coaching resource including training sessions.</i>	Available on Sports Tutor



NetballSmart 	Dynamic Warmup	<i>The ACC and NNZ endorsed official warm up.</i>	NetballSmart website
	Concussion: Management guide	<i>A guide for managing concussion within netball.</i>	NetballSmart website
	Preparation Programme	<i>A great resource for coaches in the lead up to netball season and ensuring players are court ready.</i>	NetballSmart website
	Smart Preparation	<i>A great one-page, visual handout for players at the start of the netball season.</i>	NetballSmart website
	Smart Parent	<i>A useful guide for parents to help their adolescent netball player navigate sport.</i>	NetballSmart website
Umpiring/ Officiating 	Starting out Umpiring Netball	<i>A fantastic and essential introductory resource and refresher for all community umpires. A great document to go over with your umpires at the start of the season.</i>	Available on NNZ website
	Community Umpiring Guidelines	<i>A document for anyone wanting to take their umpiring further. Includes: New Zealand Umpire Pathway, Badges, Certificates and Tracksuits, Umpire Theory Exams, Zone and New Zealand Theory Exams, Fitness Testing, Umpire Development, etc.</i>	Available on NNZ website
Volunteer/ Admin 	Recruit Volunteers & Structure Volunteer Roles	<i>Are your volunteers receiving what they want? Learn how to influence volunteering behaviour, increase retention & make volunteering fun!</i>	Available on NNZ website
	NNZ Volunteer Strategy	<i>A document explain our approach to Volunteering, what we value and how it will be rolled out.</i>	Available on NNZ website
	Inducting your Volunteers	<i>It's important to have an induction process for volunteers joining you. If a volunteer feels valued and supported from the start, they are more likely to remain at your organisation for longer.</i>	Available on NNZ website
	Volunteer Culture Check	<i>An organisation's culture is made up of the values and beliefs of its members. A positive culture attracts volunteers. Includes assessing & creating a positive culture.</i>	Available on NNZ website
Policies 	Junior Netball Policy	<i>The NNZ official Junior netball policy. Includes: Game Time, Boys in Netball, Junior formats, How much netball is healthy, NetballSmart, Parent/ Spectator and Coach Code of Behaviour, etc.</i>	Available on NNZ website
	Secondary School Netball Guidelines	<i>The NNZ official Secondary School Netball Guidelines. In progress. Due at the end of 2022.</i>	TBC
	NNZ Code of Conduct	<i>NNZ Code of Conduct. Found in the appendix of the NNZ Regulations 2021.</i>	Available on NNZ website
	Safe Netball for Children	<i>A 10-page document ensuring you are covering all basis and creating a positive and safe space for our tamariki and rangatahi.</i>	Available on NNZ website

**This list was updated and published 7 March 2022.*

Quick Links

Netball NZ: <https://www.netballnz.co.nz/>

NetballSmart: <https://netballsmart.co.nz/>

Sports Tutor: <https://sporttutor.nz/netballnz>

ANZ FutureFERNS: <https://www.futureferns.co.nz/>